

2022 Rio Del Lago 100 - Crew Regulations

All runners are responsible for their crews. All runners MUST sign a waiver on Friday at packet pick-up acknowledging and accepting full responsibility for their crews. Crews may NOT be at locations that are NO CREW ACCESS. Failure to comply will result in their runner being disqualified. Local runners and friends, this applies to you even IF you know the course. Do not access any locations that say NO CREW ACCESS! No excuses!

This is serious business! Our event permits allow for certain areas can be accessed by crews. Do NOT go to a location that is not allowed. Period! You could jeopardize our permit for future events. Your cooperation and compliance is a must.

From Julie Fingar, Race Director:

“I realize this sounds harsh, but we are being watched under a microscope and violations of this agreement would jeopardize the race from continuing with our state park agencies. I’m not willing to risk that for a crew. NO ONE IS MORE IMPORTANT THAN THE EVENT! “

Please be sure to communicate this information out to your crew teams. Have a great race!

I have read and acknowledge the above rules. I understand that I will be disqualified if my crew doesn’t comply with the race crewing rules.

Runner Name

Runner Signature