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**Rio Del Lago 100**

**Volunteer Service Form**

Each Rio Del Lago 100 runner is required to volunteer a minimum of 6 hours of service towards trail maintenance, a race event, or other community service between January 1, 2013 and October 15, 2013 as a condition for participation at the 2013 event.

Participant Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mailing Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_\_\_ Zip: \_\_\_\_\_\_\_\_\_\_\_

Service Hours performed (Minimum of 6 hours required): \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date & Location of Service: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Type of service (trail work, event volunteer, other): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Certification by Event/Race Director, Park Official, Coordinator**

Name and Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Completed forms should be mailed to: Pamela Madigan 842 43rd Ave San Francisco, CA 94121. Forms must be received by October 30, 2013. For additional information contact: [info@rio100mile.com](mailto:info@rio100mile.com)

(Email us a photo of you volunteering for our website & we will knock your requirement down to 5.5 hours!)