



**Rio Del Lago 100
Volunteer Service Form**



Each Rio Del Lago 100 runner is required to volunteer a minimum of 6 hours of service towards trail maintenance, or a race event (trail or road) between December 1, 2019 and October 25, 2020 as a condition for participation at the 2020 event.

Participant Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Service Hours performed (Minimum of 6 hours required): _____

Date & Location of Service: _____

Type of service (trail work, trail and/or road running event volunteer):

Certification by Event/Race Director, Park Official, Coordinator

Name and Title: _____

Phone Number: _____

Email: _____

Signature: _____ Date: _____

Completed forms should be **emailed** to: Eddie Schmidt at volunteers@norcalultras.com

Forms **must** be received by October 30, 2020. For additional information contact:
volunteers@norcalultras.com

Email us a photo of you volunteering for our website & we will knock your requirement down to 5.5 hours!)