

Crew Instructions and Tips

Excellent areas from which to view runners are Beal's Point, Granite Beach, Rattlesnake Bar, and the Overlook.

Park fees: Rio Del Lago travels through the California State Parks – Gold Fields District and the Auburn State Recreation Area.

All crewing and viewing areas are located in the California State Parks District and require a (\$12) fee per vehicle unless you have a Golden Poppy Pass. If you frequently patron the Rio Del Lago trails (also home to AR50, Sierra Nevada and Way Too Cool), please consider supporting the CA State Parks and purchase a [Golden Poppy Pass](#)

Crews are responsible for paying the day use fees (\$12) for entrance in to the State Parks. If there is not a ranger present at the kiosk in to the parks, you are still responsible for self-payment through their drop box as you enter the parks. Crews need only to pay one time at a State Parks kiosk, but must show their receipt upon entry to each park at the entrance.

- Please observe all posted signage and placards by the County and CA State Parks.
- NorCalUltras will **not** be responsible for any violations or tickets.
- Absolutely no crews are allowed at Willow Creek, Negro Bar, Horseshoe Bar, Cardiac, No Hands Bridge, ALT.

****Crewing at one of these locations will result in runner disqualification.**

Crew Driving Directions

Beal's Point – (Start/Finish and Mile 18.5)

Beal's Point State Recreation Area Entrance:

Address: 1 Beals Point; Granite Bay, California 95746

(near 9800 Auburn Folsom Road, Granite Bay, CA 95746)

From the Bay Area: Take I-80 east to Roseville and exit at Douglas Blvd. East. Stay right off the exit. Travel on Douglas Blvd for approximately 6 miles until you come to the intersection of Douglas Blvd and Auburn Folsom Road. Make a right on to Auburn Folsom Road. Go approximately 2 miles and the entrance to Beal's Point will be on your left hand side. Turn left at this signal and go through the kiosk (please remember to pay the ranger or use self payment) and go up the hill and down in to the main parking lot.

From Placerville: Take Hwy. 50 west to Folsom Boulevard. Turn left on to Folsom Auburn Road. Continue on Folsom Auburn Road for about 5 miles. Once you pass the Folsom Dam Road, Beal's Point is about $\frac{3}{4}$ mile farther on the right hand side. You will see a stone kiosk that says Beal's Point Folsom Lake. Turn right at the signal. Go

through the kiosk (stop and pay please) and up the hill and down in to the main parking lot.

Granite Beach

From Beal's Point, make a right on to Auburn Folsom Blvd. Go about 2 miles to the intersection of Auburn Folsom and Douglas Blvd. Turn right at the signal on to Douglas Blvd. Stay on Douglas Blvd for about 1.5 miles. Douglas Blvd will dead end in to Granite Bay Folsom Lake. Go through the kiosk and travel 1.25 miles down the road. Make a right hand turn at the brown sign that says "Granite Beach."

Rattlesnake Bar

Exit Granite Bay, follow Douglas Blvd. to Auburn-Folsom Rd. and turn right. Proceed 10 miles to Newcastle Rd. and turn right. Follow Newcastle to Rattlesnake Bar Rd. and veer right. Follow Rattlesnake Bar Rd. into the park and stay right. Follow the road to the boat launch (end of the road). Park in designated areas only.

Overlook (855 Pacific Ave, Auburn, CA 95603)

From the Rattlesnake Bar aid station, return to Auburn-Folsom Rd. and turn right. Proceed 4 miles to Pacific Ave. in Auburn and turn right. Go down and up the hill on Pacific Street. The Auburn Overlook parking lot will be on your right hand side. There is also parking on the street. Please make sure to abide by all rules when parking in the ADO parking lot, as well as on the street.

Cool Fire Station (7200 St Florian Ct, Cool, CA 95614)

From Overlook, return to Pacific Ave, turn right towards Gum Ave. This turns into Please Ave after the railroad crossing. Proceed to High Street and turn right. Proceed on High Street for approximately 1.5 miles. Follow signs for Highway 49. Proceed for 6 miles (winding road) to Cool. You will see St. Florian Drive (and the Cool Fire Station) on your right. Once you turn on Florian Drive, proceed to the parking lot (NOT the Fire Station). You will need to have a State Park Pass (either Poppy Pass or Daily Pass).

From Cool, retrace your driving directions to follow your runner back to Beal's Point.